

For more information, contact:

Josh Berg, Sports Director
(818) 774-2840 ext: 3319
joshberg@ymcala.org

Ways to Register:

1. Go on-line and print forms
2. Register on-line (Members Only)
3. Visit our branch

*Financial Assistance is available to those who qualify.
Ask for more details.*

The West Valley Family YMCA

puts Judeo-Christian principals
into practice through programs
that build healthy
spirit, mind and body for all.



www.ymcala.org/wv

West Valley Family YMCA

18810 Vanowen Street
Reseda, CA 91335
www.ymcala.org/wv

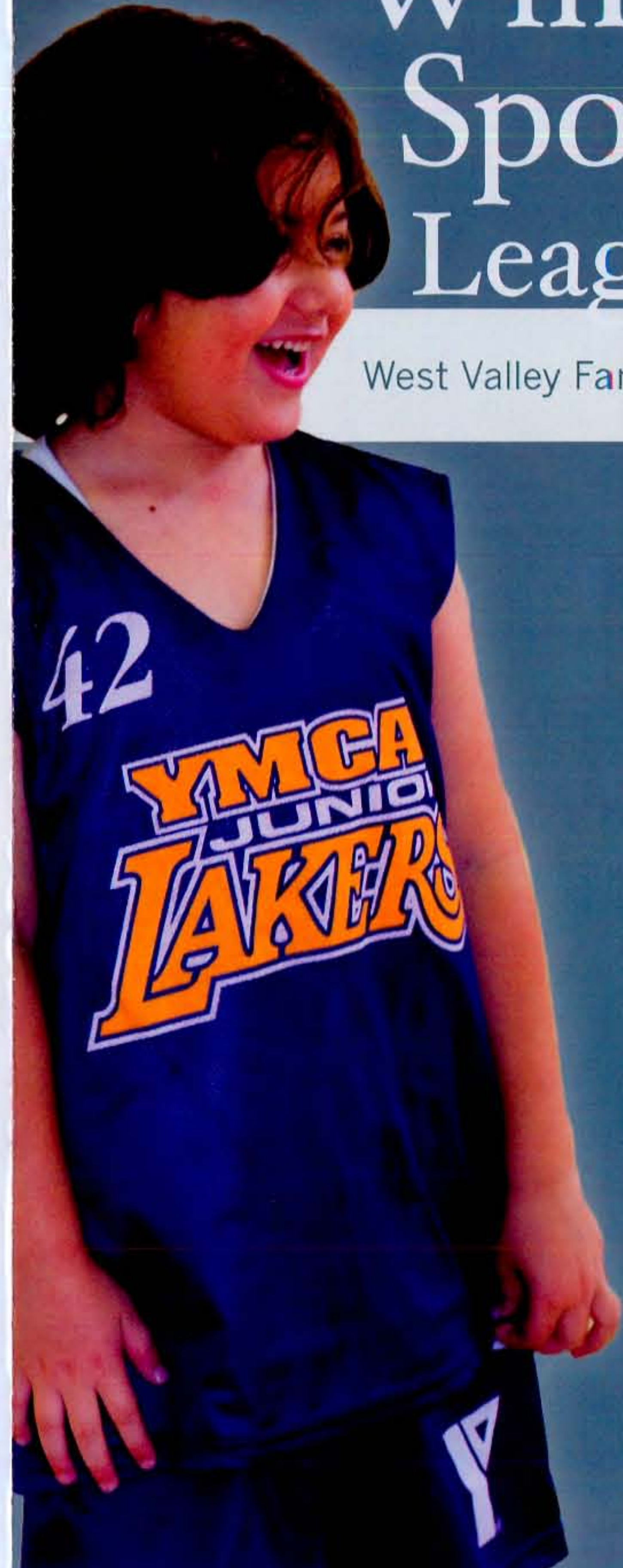
We build strong kids,
strong families,
strong communities.



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Winter Sports Leagues

West Valley Family YMCA



Arena Soccer Ages 3-17

Registration: November 9th - January 15th

Season: January 25th - March 20th

Cost: YMCA Members (*Child Care participants included*)
\$65. Non-Members \$90. Uniform \$25

Evaluations: Wednesday, January 20th at West Valley
YMCA arena soccer field (*Mandatory for all players*)

6 P.M.: 8-10 yr olds

7 P.M.: 11-14 yr olds

Games: Saturdays at the West Valley Family YMCA
arena soccer field. **First game: January 30th**

Practices: Once a week after 5 P.M. at the West
Valley Family YMCA arena soccer field.

Parent Meeting & League Kick off (mandatory)

Parent Meeting: January 21st, 7 P.M.
at the West Valley Family YMCA

League Kick off Day: January 23rd, 3 P.M.
at the West Valley Family YMCA

Receive team information,
uniforms, and meet coaches.

All Meetings are Mandatory!



Soccer

Adult Leagues Ages 18+

Adult Basketball



Registration ends Jan 30th

Season: January 30th - March 20th.

Games will be played Saturday after-
noons at Canoga Park HS. Team sign-up
fee is \$525 per team with maximum 10
players per team.*

Adult Arena Soccer



Registration ends Jan 26th

Season: January 26th - March 30th
Games will be played Tuesday nights at
the West Valley Family YMCA. Team
sign-up fee is \$625 per team with maxi-
mum 12 players per team.*

Adult Volleyball



Registration ends January 31st

Season: January 31st - March 22nd

Games will be played Monday nights at
the West Valley Family YMCA. Team
sign-up fee is \$400 a team with maximum
10 players per team.*

**Team sign-ups recommended. Individual sign
ups are not guaranteed to be on a team. All
teams for all adult sports must have matching
uniforms with numbers or could be purchased
through the YMCA.**

Jr. Lakers Basketball Ages 3-17

Registration: November 9th - January 15th

Season: January 25th - March 20th

Cost: YMCA Members (*Child Care participants included*)
\$70. Non-Members \$100. Uniform \$25

Evaluations: Wednesday, January 20th At Sutter MS
(*Mandatory for all players*)

6 P.M.: 7-8 yr olds

7 P.M.: 9-10 yr olds

8 P.M.: 11-13 & 14-17 yr olds

Games: Saturdays at Sutter Middle School or Canoga
Park High school. **First game: January 30th.**

Practices: Once a week after 6 P.M.,
at Sutter MS or Canoga Park HS

Parent Meeting & League Kick off (mandatory)

Parent Meeting: January 21st, 7 P.M.
at West Valley Family YMCA

League Kick off Day: January 23rd, 3 P.M.
at West Valley Family YMCA

Receive team information, uniforms, and meet coaches.

All Meetings are mandatory!

Basketball

